

**MILES**  
*for*  
**MUSIC**  
**EDUCATION**  
**HIGHLAND HIGH SCHOOL**  
*Fun Run • Walk • Cycle*

*Proceeds from this event will help support the financial needs of the music department at Highland.*

**SATURDAY, MAY 6, 2017**

Registration 30 min prior to event  
 Cycling 8:00 a.m. • Runners/Walkers 9:00 a.m.  
*Rain or Shine • This is not a timed event*

**T-shirts and course info pick up:**  
 Race Day – Saturday, May 6, 2017

**Wakonda State Park, 32836 State Park Rd, La Grange, MO**

Preregistration Adults \$25, Students \$15 Family \$50. Day of event Adults \$30 Students \$20 Family \$55  
*Registration due by April 14, 2017 to guarantee a t-shirt. Registrations welcome after that but t-shirt not guaranteed.*

Name/Family Name: \_\_\_\_\_

5K Run \_\_ 5K Walk \_\_ Cycling \_\_ (put quantity that applies to each)

Sex: M F Age: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Street Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

*Registration fee includes t-shirt (limit of 4 for family) if received by April 14, 2017.*

T-shirt size: S \_\_ M \_\_ L \_\_ XL \_\_ 2XL \_\_ (put quantity needed of each)

I know that participating in this event is a potentially hazardous activity. I also know there may be traffic on this route and I assume the risk of running/walking/cycling in traffic. In consideration of the acceptance of my entry, I release and discharge Highland High School Band Boosters and all other sponsors/persons acting on behalf of such entities as a results of my participation.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Student Referral Name: \_\_\_\_\_

**Drop can drop this form, along with your registration fee in the HS Office or send form and payment to:**

Ryan Christian, Highland High School, HWY 6 PO BOX 366, Ewing, MO 63440

Checks payable to HHS Band Boosters

To register and pay online: [www.highlandbands.com](http://www.highlandbands.com)